Introduction to Psychology Section 80

PSYC 1

Summer 2025   Fully Online   3 Unit(s)   06/02/2025 to 07/03/2025   Modified 05/01/2025

👤 Contact Information

Instructor: Dr. Bianca Hinojosa

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About me

My name is Dr. Bianca Hinojosa, and I received my PhD in Health Psychology at the University of California Merced. I am the child of Mexican immigrants and was born and raised in Fresno, CA. I have a bachelors degree in cognitive science and a masters degree in experimental psychology. My research focuses on how intergroup processes influence peoples' health and well-being. In particular, I am interested in how healthcare workers' implicit attitudes towards Latinx people influence medical decision making for their Latinx patients.

What to call me?

Please refer to me as Dr. Hinojosa.

CANVAS AND EMAIL

Canvas will be a critical source of course-related information throughout the term. Consequently, so will your email account. Any changes to the lecture or course schedule will be posted on this site. In addition, lecture slides, grades, and other materials will be posted there. You are expected to check the Canvas website and/or your email account at least once a day, and ideally more, for course related materials and announcements. Failure to do so will not be a valid excuse for missing critical information.

How to email me:

Email Header: "PSYC 1 80"

Body of email:

"Hello Dr. Hinojosa,

I hope you are doing well. I have a question about ... Thank you for your time.

Best,

Student name (Student ID)"

When to email me:

- clarification on an assignment (at least 48 hours before the due date)
- setting up an appointment for office hours
- to inform me of an emergency/medical/family situation that will prevent you from turning an assignment in on time

Office Hours

Friday, 1:00 PM to 3:00 PM, https://sjsu.zoom.us/j/86231935010

Or by appointment

🕐 Course Information

Asynchronous

Asynchronous

This is an asynchronous course. All lectures will be posted on Canvas.

💻 Course Description and Requisites

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches to treatment, and applied psychology.

GE Area: D (formerly GE Area D1)

Letter Graded

✳ Classroom Protocols

LATE WORK

Since this course is asynchronous and only a month long there are no options to submit work late. It is up to each student to be mindful of the due dates and turn in all assignments on time.

GRADE REVIEW POLICY

If you believe that you have unfairly missed points on an assignment, you must make an appointment with the professor to go over the assignment within 3 days of receiving your grade. If you do not make an appointment within 3 days of receiving your grade, the grade will be considered final.

AI POLICY

"Use of an AI Generator such as ChatGPT, MidJourney, DALL-E, etc. is explicitly prohibited unless otherwise noted by the instructor. The information derived from these tools is based on previously published materials. Therefore, using these tools without proper citation constitutes plagiarism. Additionally, be aware that the information derived from these tools is often inaccurate or incomplete. It's imperative that all work submitted should be your own. Any assignment that is found to have been plagiarized or to have used unauthorized AI tools may receive a zero and / or be reported for academic misconduct." Tara Perrin, Middle Tennessee State University

COPYRIGHT STATEMENT

Some of the materials in this course are possibly copyrighted. They are intended for use only by students registered and enrolled in this course and only for instructional activities associated with and for the duration of the course. They may not be retained in another medium or disseminated further. They are provided in compliance with the provisions of the Teach Act.

Program Information

SJSU Cares

[SJSU Cares (https://www.sjsu.edu/sjsucares/)](https://www.sjsu.edu/sjsucares/) "provides comprehensive support for students facing financial crises, including emergency assistance, housing and food resources, and access to mental health services. Our goal is to ensure every student has the resources needed to succeed academically and personally. Connect with us for personalized guidance and support through life's challenges."

University Policies/Resources

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University's Academic Integrity policy, located at http://www.sjsu.edu/senate/S07-2.htm, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The Student Conduct and Ethical Development website is available at http://www.sjsu.edu/studentconduct/. Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy S07-2 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act:

If you need course adaptations or accommodations because of a disability, Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec/ to establish a record of their disability.

Librarian: Psychology

The SJSU library has a librarian who specializes in psychology (and other social sciences), and this librarian can serve as a very valuable resource for helping you to develop research ideas and locating appropriate research materials.

The library also has an abundance of resources for doing psychology research:

Psychology Librarian:

Christa Bailey christa.bailey@sjsu.edu 408-808-2422

Student Technology Resources

Computer labs and other technological resources for students can be found in various places on campus such as:

•Student Computing Services (MLK Library) (https://library.sjsu.edu/student-computing-services)

• Associated Students Print and Technology Center (https://www.sjsu.edu/as/departments/print-shop/index.php)

Academic Advising

Academic Advising (https://www.sjsu.edu/socsci-ssc/academic-advising/index.php)

SJSU Peer Connections

Peer Connections (https://www.sjsu.edu/peerconnections/index.php) website "offers free mentoring, tutoring, and supplemental instruction services for students at SJSU. Peer Educators are students just like you; they understand the triumphs and challenges of being a student at San José State University."

SJSU Writing Center

The SJSU Writing Center (https://www.sjsu.edu/writingcenter/) "offers a variety of resources to help students become better writers, and all of our services are free for SJSU students."

SJSU Counseling and Psychological Services

SJSU Counseling and Psychological Services (https://www.sjsu.edu/wellness/access-services/counseling/index.php?utm_source=counseling&utm_medium=301&utm_campaign=wellnessrelaunch) invites "all students to come into Counseling and Psychological Services, located at the Student Wellness Center, room 300B, for any support needed."

📊 Course Learning Outcomes (CLOs)

Program learning outcomes (PLOs) are skills and knowledge that students will have achieved upon completion of the Psychology BA degree. Each course in our curriculum contributes to one or more of these PLOs. The PLOs for the Psychology BA degree are:

1. Knowledge Base of Psychology. Students will be able to demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. Research Methods in Psychology. Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
3. Critical Thinking Skills. Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
4. Applications of Psychology. Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.
   Values in Psychology. Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

GE Area D: Social Sciences

Area D courses increase students' understanding of human behavior and social interaction in the context of value systems, economic structures, political institutions, social groups, and natural environments. Students develop an understanding of problems and issues from different disciplinary perspectives and examine issues in their contemporary as well as historical settings and in a variety of cultural contexts.

The CSU requires students to complete General Education courses in the Social Sciences in at least two different disciplines. Students may meet this requirement by either 1) taking two lower-division Area D courses in different disciplines, or 2) taking two lower-division Area D courses in the same discipline and an Area S upper-division GE course in a different discipline.

GE Area D Learning Outcomes

Upon successful completion of an Area D course, students should be able to:

1. demonstrate understanding of the ways in which social institutions, culture, and environment shape and are shaped by the behavior of individuals, both past and present;
2. compare and contrast the dynamics of two or more social groups or social systems in a variety of historical and/or cultural contexts;
3. place contemporary social developments in cultural, environmental, geographical, and/or historical contexts;
4. draw on social/behavioral science information from various perspectives to formulate applications appropriate to historical and/or contemporary social issues.

Writing Practice: Students will write a minimum of 1500 words in a language and style appropriate to the discipline.

📘 Course Materials

Introduction to Psychology

Author: Meaghan Altman et al.
Publisher: TopHat
Availability: Online, Join code: 602927
Price: 83.50

Join code to access course: 602927

You will receive an email from the professor to join the online textbook

☰ Course Requirements and Assignments

This is a fully asynchronous course. That means that we do not meet as a class on any set time.

You will proceed through the course at your pace but MUST MEET THE SET DUE DATES for each homework assignment, paper assignment, poster assignment, and exam.

This is a full semester worth of learning in a condensed time frame, so please know there will be a substantial time commitment required to succeed in this course.

The assignments and the exam have all been set with a due date (deadline).

The exam MUST be taken on the posted date and completed by the end of that day (deadline). You will have 75 minutes to complete the exam.

I have set up a course structure for you to follow in order to meet the deadlines and not be overwhelmed by the workload in the course.

This structure is not strictly required, EXCEPT that you MUST MEET THE MODULE DEADLINES for the homework assignments, ppster assignment, paper assignment, and the exam.

How long will it take each week to stay up with the course?

Well, it is an asynchronous course, so you will ultimately decide this. I have calculated estimates of how much time you would likely spend each day working on the course material. Note that each day in our Summer course is often the same as a week of learning in a regular 16 week semester. The amount of time allotted per day amounts to about 5-6 hours for lecture review, assignments, reading, and studying, just like each week for a regular semester.

Some of you work, read, and just perform faster than others of us, so each of our allotted time will vary. There is a full day built into our schedule to complete and be certain all assignments are done for each Module. In reality, you should really complete each assignment on the suggested due date.

I am very happy to chat about time management, these estimates, and how to help you best succeed in this class.

LECTURE MATERIAL

In each Module I have uploaded video lectures of me narrating the lecture slides as I would in an in-person class. These are likely the best way to try to learn the course material. I have uploaded the lecture slides for you to read on your own, but I think this would be a hard way to learn the material.

DISCUSSION POST

10 points: You will each complete a discussion post on a Conocimiento Activity. The instructions for this assignment will be in the Discussion Post. This assignment is due June 6.

TOPHAT HOMEWORK ASSIGNMENT

130 points: For each chapter you will complete a homework assignment **within TopHat**. Each homework assignment will be due on the Friday of the week the reading is assigned. For example, Ch. 1 homework assignment will be due on June 6th.

I will drop the the 2 lowest scores.

Annotating textbook chapters contribute to **Program Learning Outcome 1** (Knowledge Base of Psychology), **Outcome 3** (Critical Thinking Skills), and **Outcome 4** (Applications of Psychology).

PAPER ASSIGNMENT (Covering Ch. 1-9):

50 pts: Psychology in Real Life

Psychology is best understood in-context, and thus you will have the opportunity to apply course concepts to real-life psychological matters.

Your task for this project is to 1) describe a psychological theory or concept from Ch. 1-9 in our textbook of interest to you and 2) write a short, in-depth response about how that theory/concept relates to your Self, a friend or family member, or life situations.

Entries should be **750 words**, 1" margins size, 12pt times new roman font, and DOUBLE SPACED.

A rubric will be posted in Canvas with exact instructions and point breakdowns.

This assignment will be graded and returned to you 1 week after the due date. You will have the opportunity to redo the assignment and turn it in 1 week after receiving feedback. Please refer to the class schedule for due dates.

Assignment 1 contributes to **Program Learning Outcome 1** (Knowledge Base of Psychology) **Outcome 2** (Critical Thinking Skills) and **Outcome 4** (Applications of Psychology).

<u>POSTER ASSIGNMENT:</u>

50 points: By yourself you will select a peer-reviewed psychological research article based on a topic discussed in lecture or in your textbook and create a poster based on the selected research article.

You will upload the poster to Canvas by the due date, July 3rd.

The posters may be completed using Google Slides, Powerpoint, or Canva.

I will post 2 lectures on how to find a peer-reviewed psychology research article and how to make a poster.

A rubric will be posted in Canvas with exact instructions and point breakdowns. The poster. should be **750 words**.

This assignment contributes to **Program Learning Outcome 2** (Research Methods in Psychology).

<u>CUMULATIVE EXAM (100 Points)</u>
The cumulative exam will consist of 100 multiple-choice questions. The exam will cover lecture and textbook material and will be cumulative.

The exam is open-note, open-textbook, but not open internet or open friend.

Once you open the exam you will have 1 hour and 15 minutes to complete the exam.

The exam will become available in Canvas beginning July 3 at 5:00 am (PST) and close at the end of that day at 11:59 pm (PST).

Exam questions will cover any materials discussed in class lectures and anything from the reading. There will be material on the exam that we will not discuss in class; therefore, you should complete all assigned readings. Likewise, there will be material on the exam that is not in your textbook. Therefore, it is important that you watch lectures. The emphasis in this class will be on ideas, theories, and research more than on names, dates, and statistics.

The exam **MUST BE COMPLETED** on the date listed in the course syllabus and online. You can take it before the final time it is due, but the exam will be closed once the due date and time have passed. There is no makeup for the exam and it must be completed by July 3, 2025.

WORKING ON YOUR OWN: During the exam you cannot communicate with anyone during the test. Do not call, text, or communicate in any way with anyone else. I will evaluate the exam for evidence of cheating in response patterns and other indicators. Note that cheating will result in an F in the course, and report will be made the SJSU's office of Academic Integrity.

TIMING: You will have 75 minutes to complete the exam, unless other accommodations have been made. Once you start the exam, the 75 minutes begins. When that time limit expires, the exam will close. Again, the exam will be open at 5:00am (PST)and close at the end of that day at 11:59pm (PST).

COMPUTER USE: I strongly encourage you to use a laptop or desktop computer to take the exam, as mobile devices do not always interface with Canvas as effectively. Please try to be located where you have consistent access to the internet.

BACKUP PLAN FOR TEST TAKING: I encourage you to have some kind of backup plan in the event your internet goes out, your laptop battery gets low, or some other dreadful thing happens. I know this is challenging, but it is better to have that plan than to be in a situation when things go badly with no backup plan.

QUESTIONS: I will not be able to be available to you during the exam time, as people will be taking this at different times during the day. I am very happy to talk about your questions once the exam is completed and you have access to review your exam.

✔ Grading Information

Your letter grade will be assigned according to the following percentage scale:

A+ = 97.00% or greater

A = 94.00%-96.99%

A- = 90.00%-93.99%

B+ = 87.00%-89.99%

B = 84.00%-86.99%

B- = 80.00%-83.99%

C+ = 77.00%-79.99%

C = 74.00%-76.99%

C- = 70.00%-73.99%

D+ = 67.00-69.99%

D = 64.00%-66.99%

D- = 60.00%-63.99%

F = 59.99% or less

🏛 University Policies

Per University Policy S16-9 (PDF) (http://www.sjsu.edu/senate/docs/S16-9.pdf), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance,

counseling, and other resources) are listed on the [Syllabus Information (https://www.sjsu.edu/curriculum/courses/syllabus-info.php)](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) web page. Make sure to visit this page to review and be aware of these university policies and resources.

📅 Course Schedule

Date	Asynchronous Lectures	Readings	Assignments	Exam
Week 1				
Monday, June 2	Syllabus		Assignment completed on Canvas Discussion post: Conocimiento *Suggested 6.2.25* *Due 6.6.25*	
Tuesday, June 3	What is Psychology	Ch. 1: What is Psychology	Assignment completed on TopHat Ch. 1 Homework Assignment *Suggested 6.3.25* *Due 6.6.25*	

Wednesday, June 4	Research Methods	Ch. 2: Methods	**Assignment completed on TopHat** Ch. 2 Homework Assignment *Suggested 6.4.25* *Due 6.6.25*	
Thursday, June 5	Biology & Neuroscience	Ch. 3: Biology & Neuroscience	**Assignment completed on TopHat** Ch. 3 Homework Assignment *Suggested 6.5.25* *Due 6.6.25*	
Friday, June 6	How to find a peer-reviewed research article How to make the Final Poster Assignment			
Week 2				

Monday, June 9	Development	Ch. 4: Development	**Assignment completed on TopHat** Ch. 4 Homework Assignment *Suggested 6.9.25* *Due 6.13.25*	
Wednesday, June 11	Sensation & Perception	Ch. 5: Sensation & Perception	**Assignment completed on TopHat** Ch. 5 Homework Assignment *Suggested 6.11.25* *Due 6.13.25*	

Friday, June 13	Learning	Ch. 7: Learning	**Assignment completed on TopHat** Ch. 7 Homework Assignment *Suggested 6.13.25* *Due 6.13.25* **Paper Assignment submitted on Canvas:** *Due 6.13.25*	
Week 3				
Monday, June 16	Language & Thought	Ch. 8: Language & Though	**Assignment completed on TopHat** Ch. 8 Homework Assignment *Suggested 6.16.25* *Due 6.20.25*	

Wednesday, June 18	Emotion	Ch. 11: Motivation & Emotion	Assignment completed on TopHat Ch. 11 Homework Assignment *Suggested 6.18.25* *Due 6.20.25*	
Friday, June 20	Personality	Ch. 12: Personality	Assignment completed on TopHat Ch. 12: Homework Assignment *Suggested 6.20.25* *Due 6.20.25*	
Week 4				
Monday, June 23	Social Psychology	Ch. 13: Social Psychology	Assignment completed on TopHat Ch. 13: Homework Assignment *Suggested 6.23.25* *Due 6.27.25*	

Wednesday, June 25	Treatment of Psychological Disorders	Ch. 15: Treatment of Psychological Disorder	**Assignment completed on TopHat** Ch. 15: Homework Assignment *Suggested 6.25.25* *Due 6.27.25*	
Friday, June 27	Health & Stress	Ch. 16: Health & Stress	**Assignment completed on TopHat** Ch. 16: Homework Assignment *Suggested 6.27.25* *Due 6.27.25* ‑ **Redo Paper Assignment Completed on Canvas** *Suggested 6.27.25* *Due 6.27.25*	
Week 5				

Monday, June 30	How to find a peer-reviewed research article How to make the Final Poster Assignment			
Tuesday, July 1				-
Wednesday, July 2			Poster Assignment due on Canvas *Suggested* *7.2.25* **Due 7.3.25**	-

Thursday, July 3				**<u>Final Exam</u>** <u>due Thursday, July 3 11:59 pm</u> Once you open the exam on Canvas you will have 1 hour and 15 min. to complete. The exam will be available from 5:00 am - 11:59 pm on Thursday, July 3.