

SJSU | DEPARTMENT OF KINESIOLOGY

Communicator



Department of Kinesiology

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Chair's Corner - Dr. Tamar Semerjian

Welcome to our Summer 2022 Communicator. The Spring semester was an exciting time in the department. After an initial online pivot for the first few weeks, we welcomed students back to campus for the majority of their classes. We also recently were able to celebrate our Spring 2022 graduates in person. It was great to see our students and their families again, and celebrate with so many of our faculty in attendance. The student speaker was our very own Anna Lafontaine, who graduated Magna Cum Laude. She delivered an uplifting speech and certainly represented our department in stellar fashion. We also celebrated Stephanie Wang, who was our American Kinesiology Associate award winner this year. Additionally, we honored our Kinesiology Scholar Award Winners: Ethan Quan (gold), Stephanie Wang (silver), and Devin Derecho (bronze); and our Kinesiology Service Award Winner: Noielyn Gier (gold). Congratulations to them all!

In April, we had a surprise visit from a head of state! The Department of Kinesiology was delighted to host a visit from the President of Iceland, Guðni Thorlacius Jóhannesson. The President's father graduated from the Department of Physical Education at SJSU in 1965, and he was able to see the building and classrooms where his father would have attended classes. Dr. Shirley Reekie, professor and sport historian, was able to share details about the time period when the President's father attended. It was a delight to meet the President, and to be able to share a bit about what his father's time here would have been like.

We have lots of good news to share in the pages that follow. I wanted to highlight just a few more. Congratulations to Dr. David Daum, who was awarded early tenure and promotion. He has made significant contributions to the department and our students, and we look forward to many more years of working with him. In the Fall, we will be welcoming three new faculty, Drs. Matthew Bejar, Yang Hu, and Sherveen Riazati. There is more information later in the Communicator about each of them. I am very excited that they will be joining us and contributing to the growth and vibrancy of the department.

To ensure that our department is meeting the needs of our students, we are in the midst of a strategic planning process. We have been seeking input from many stakeholders, and should have a finalized plan at the end of the Fall 2022 semester. Thanks to all who have participated thus far in the process.

As always, I want to give thanks to all our students, faculty, and staff who make the Department of Kinesiology a vibrant place, where we continue to work to keep us all moving. Your continued generosity helps us to support the academic mission of the department and support our students.

Tamar Z. Semerjian

Faculty and Staff - News and Awards

At the [Spring CHHS Awards](#) Ceremony held online, multiple Kinesiology Faculty won awards. It was wonderful to see our fantastic faculty recognized at the event. The awardees included:

Matt Crockett: Lecturer Faculty Early Career Teaching Award

Jennifer Schachner: Outstanding Engagement Award

Emily Wugalter: Outstanding Teacher Award

At the California Association for Health, Physical Education, Recreation and Dance (CAHPERD) state convention, **Dr. David Daum** was elected as a member-at-large to the board of directors for CAHPERD. He will serve a three-year term starting this summer. **Dr. Robert Schmidlein**, who is one of our former KIN colleagues, was awarded the CAHPERD California High School Teacher of the Year.

Department of Kinesiology Instructor and SJSU Women's Rugby Coach, **James Fonda**, guided his team to the National Tournament in the Spring of 2022. The team competed in Atlanta, GA on May 14th and 15th, 2022 and won the National Championship!



(Image of SJSU Rugby Players and Coach James Fonda)

Dr. Areum Jensen was awarded the National Institute of Health (NIH) SC2 grant for her research titled "The role of sympathetic nervous system activity on blood pressure regulation in individuals with Autism Spectrum Disorder".

Dr. Li Jin received the AY 2022-2023 SJSU RSCA Seed Grant Program Award. The proposal title was, "Evaluation of different 3D printing footwear insole stiffness on the foot-ankle biomechanics during walking and running".

Dr. Joan Steidinger's book, *Stand Up and Shout Out*, was honored at the last SJSU Artist and Author's Celebration in April. In addition, **Dr. Steidinger** presented on sports injury and sports psychology at the 2022 Chicago Sport Injury and Psychology Symposium put on by University of Illinois, Chicago.

The following faculty and staff were honored in the Annual Faculty and Staff Recognition celebrations:

Dr. KyungMo Han for 15 years of service.

Ms. Junko Linafelter for 20 years of service.

Mr. Winston Kwong for 25 years of service.

Mr. David Williams for 25 years of service.

Dr. Daniel Weng and **Dr. Emily Wughalter** for 30 years of service.

Dr. Craig Cisar and **Dr. Peggy Plato** for 35 years of service.

Dr. Richard Montgomery for 40 years of service.

Six Department of Kinesiology super steppers joined forces to take part as Team KINFIT6 in the 2022 California State University (CSU) Steps Challenge, totalling 26,577,655 steps from February 14 to May 20 (participants were rewarded 4 "virtual" steps for every actual step they recorded). The team finished in the top 50 at #43 among more than 850 teams! Way to go KINFIT6!

Pictured L-R, clockwise from top left: Karen Moreno, Jessica Chin, Seung Ho Chang, Daniel Bohigian.
Not pictured: Joan Steidinger and James Fonda.



(Image of 4 KIN “Super Steppers”)

New Faculty Joining KIN

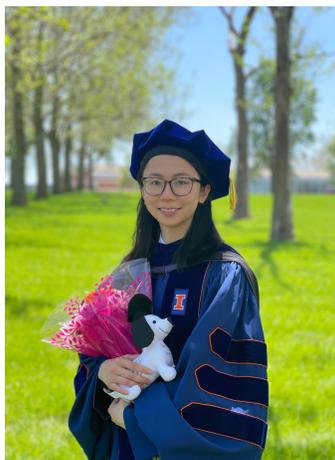
Beginning the Fall of 2021 and culminating in the Spring of 2022, we have had three successful faculty searches.

The Department is thrilled to be welcoming **Dr. Matthew Bejar**, an SJSU alum, who will be joining us from Mt. Mercy University, where he created a Sport, Health, and Exercise Psychology minor. He will be joining us in the Exercise Psychology position. He received his doctorate degree in Kinesiology and Sport Studies with a specialization in Sport Psychology and Motor Behavior from the University of Tennessee, Knoxville, and his research has focused on running identity, as well as diversity and equity issues.



(Image of Matthew Bejar)

Dr. Yang Hu completed her doctoral dissertation this Spring semester at the University of Illinois at Urbana-Champaign in Neuromechanics. Her dissertation is titled "Effects of Tai Chi Practice on Neural Activities and Postural Control while Standing in Older Adults". She will be joining us in the Exercise Technology position.



(Image of Yang Hu)

Dr. Sherveen Riazati may be familiar to some of you, as he has been a lecturer with us since the Fall of 2021. He will be joining us for the full time lecturer position in Motor Behavior. He received his PhD in Exercise and Sports Science, Specializing in Biomechanics and Exercise Physiology, from Northumbria University in Newcastle, UK. His thesis was titled " The Effects of Typical Training Run on Overuse Running-related Injury Risk Factors in Recreational Runners."



(Image of Sherveen Riazati)

Thanks to all who served on the search committees, and all who participated in the interview process. A very special thanks to **Drs. Cole Armstrong, Seung Ho Chang, Erin Siebert, and Emily Wughalter** who graciously agreed to chair the search committees.

Publications

Dr. Areum Jensen was published in the Journal of Orthopedic Research and Therapy, titled "Differential effect of progressive resistance training on bone and muscular strength in adults with cerebral palsy" with undergraduate research assistants (Trakhter G.R., Rossmere T., Kott V.B., Ronquillo R.C., Mulingtapang B.L., Low C.E., and Pal, P.).

Dawkins, D. & **Daum D.N.** (2022). Person-first language in healthcare: The missing link in healthcare simulation training. *Journal of Simulation in Nursing*.

Henehan, M. J., Brand-Perez, T., Peng, J. C., & **Tsuruike, M.** (2022). Electromyographic Characteristics of a Single Motion Shoulder Exercise: A Pilot Study Investigating a Novel Shoulder Exercise. *International Journal of Sports Physical Therapy*, 17(2), 270.

Jin, L. (2022). The influence of different footwear insole stiffness on center of pressure and ankle kinematics during walking: a case report. *Biomechanics*, 2(2):205-212. DOI: <https://doi.org/10.3390/biomechanics2020017>

Dr. Craig Jones had his review of *Sport, War and the British: 1850 to Present*, published in the Fall of 2021. <https://www.tandfonline.com/doi/full/10.1080/17460263.2021.2007454>

Riazati, S., Caplan, N., Matabuena, M., & Hayes, P. Gait and Neuromuscular Changes Still Evident In Some Masters Club Level Runners 24-hours After Interval Training Run. *Frontiers in Sports and Active Living*. <https://doi.org/10.3389/fspor.2022.830278>

Tsuruike, M., Mukaihara, Y., Ellenbecker, S. T. (in press). Can the Scapular Dyskinesia Test be Associated with Throwing Related Injuries During the Course of Collegiate Baseball Seasons? *International Journal of Sports Physical Therapy*.

Dr. Daniel Weng was an invited author of a paper on "Cardio Taiji for Wellness" for the first issue of World Taiji Scientific Research to be published in September 2022. www.wtjsf.org

Faculty Presentations, Speaking, & Workshops

Dr. Cole Armstrong co-led a workshop with Dr. Courtney Flowers and Dr. F. Michelle Richardson during the Institute for the Study of Sport, Society and Social Change (ISSSSC) Conference focused on the The Business of Name, Image, and Likeness Workshop.

Dr. Cole Armstrong and **Dr. Jihyun Lee** were panelists for a CHHS panel discussion entitled: Recently Tenured Faculty Panel: Insights for Tenure Track Faculty.

Killian, C. K., Goad, T., **Daum D.N.**, Gentry, C. (2022). Exploring physical education teachers' acceptance and use of online technology. Presented at the SHAPE America National Convention, New Orleans, LA, April 26-30, 2022

Daum, D.N., Brummel, B., & Driesen, R. (2022). "Lessons Learned" Designing online courses for equitable learning. Presented at the SHAPE America National Convention, New Orleans, LA, April 26-30, 2022

Johnson, J. & **Daum, D.N.** (2022). Redesigning PETE courses to address equity, diversity, and inclusion. Presented at the SHAPE America National Convention, New Orleans, LA, April 26-30, 2022

Gentry, C. & **Daum, D.N.** (2022). Moving forward: Recommendations guided by California physical education studies, Presented at the 2022 annual state conference of the California Alliance for Health, Physical Education, and Dance, Los Angeles, CA.

Daum, D.N. & Gentry, C. (2022). Give me a choice!, Presented at the 2022 annual state conference of the California Alliance for Health, Physical Education, and Dance, Los Angeles, CA.

Bittner, M., **Daum, D.N.**, Moore, T., Patterson, D., Suppe, P., Wilson-Graham, D. (2022). CAHPERD members address Governor Newsom's concerns over physical fitness testing. Presented at the 2022 annual state conference of the California Alliance for Health, Physical Education, and Dance, Los Angeles, CA. March 3-5, 2022

KIN Instructor **Luci Gabel** made two presentations in the Spring semester:

On April 27th, she hosted a Johns Hopkins' Alumni event for the Women of Hopkins, where she guided a talk about difficult conversions we have in business and life, what can be learned from them, and how we can do it better.

On May 3rd she presented a summary of her book, [Eat to Lead](#), to the Exit Planning Association Summit in Scottsdale, AZ in a Ted-X like talk. She spoke about how food affects our brain energy in the short term and our optimal performance in the long term.



(Image of Luci Gabel on Eat to Lead Conference Banner)

Dr. Daniel Weng conducted a virtual Therapeutic Taiji (Tai Chi) Trainer's Training Course (14 units) as a continuing education course authorized by the California Acupuncture Board 3-26-27 and hosted by US Collegiate Taiji Federation www.collegetaiji.org

Student and Alumni Awards, News, Presentations and Research

Each year the Department of Kinesiology recognizes exemplary students for the scholarship and service. The 2022 winners of the the KIN Scholar and Service awards were:

Service Award

Gold: Norielyn Gier

Scholar Awards

Gold: Ethan Quan

Silver: Stephanie Wang

Bronze: Devin Derecho

Andrea Hernandez Galindo ('21, IPAC) has been accepted into SJSU's OT program for fall 2022.

Kin student **Molly Sheridan** was elected as the chair-elect for the Future Professional's Council at the CAHPERD state convention. She will be active in assisting the organization over the next year or so planning for all the pre-professional sessions and events at next year's conference.

KIN Student **Stephanie Wang** was recognized as the department's AKA Award recipient for 2022.



(Image of Stephanie Wang and Dr. Jessica Chin)

Kin alum, **Rebecca Taub**, received the honor of Certificated Employee of the Year for the whole of San Jose Unified School District.

Rebecca is a Physical Education Single Subject Credential candidate at San Jose State University. She is also an intern teacher at Broadway High School in San Jose. Broadway is a continuation high school and the home of the district's Young Families Program for pregnant and parenting teens. This is Rebecca's second year as Director of the Young Families Program, after having worked for two years as the program support specialist seven years ago. She supervises all the services of the program including assistance for the teen parents as well as the on-site daycare for their babies and toddlers. In addition to those duties, Rebecca completed her intern teaching this year in Physical Education. She taught several PE classes at Broadway, including one section for pregnant teens. She volunteered many times this year to cover periods in other subjects when Broadway teachers were out for COVID and other reasons.

Rebecca was recently voted by the staff at Broadway as their Certificated Employee of the Year. She then went on to become a finalist at the district level. At the recognition ceremony on May 10, the President of the San Jose Teachers' Association announced that Rebecca had been selected as San Jose Unified School District's Certificated Employee of the Year for the 2021-22 school year.



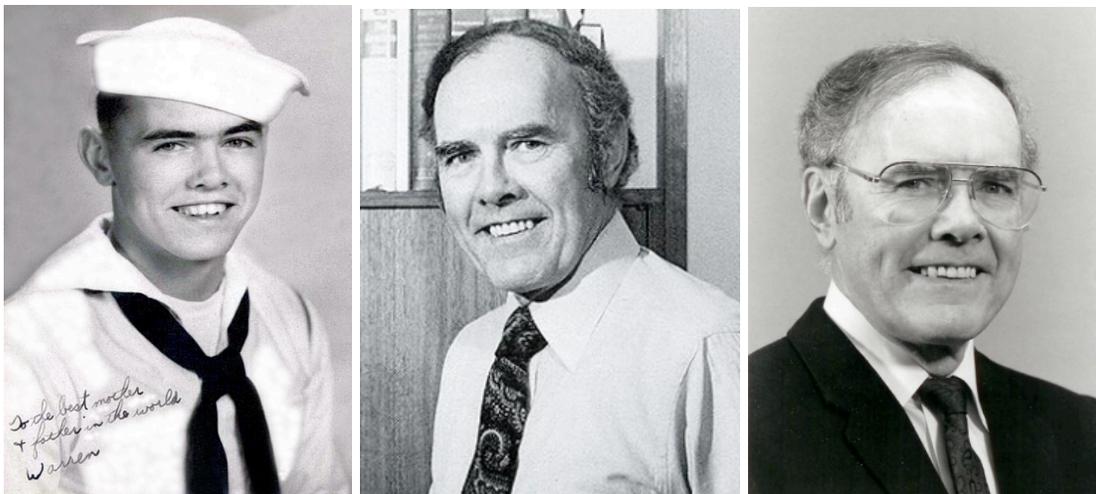
(Image of Rebecca Taub)

In Memoriam - Warren Fraleigh (1925 -2022)

Warren Fraleigh worked as a professor in the Men's Physical Ed department at SJSU from the 1950s through the late 1960s; he had been charged partly with integrating women into Phys Ed on campus. He left SJSU to become the Dean of Physical Education at a SUNY campus. He met his wife, Sondra Fraleigh while at SJSU--she was a faculty member in the Dance Department.

Warren was born in Detroit, Michigan, on December 26, 1925. He was a child during the great depression, and he belongs to the Greatest Generation. His mother was Ethyl Sarah Dobson, and his father was William Royden Fraleigh. His sister Ruth visited us often when we lived in NY, but I never met his brother Buddy who was killed in World War II. Warren also served in WWII. He joined the navy at age 19 and entered as a submariner. One has to have nerves of steel to serve on a submarine. Warren underwent tests for the ability to spend weeks underwater in close quarters with many other men and to endure possible attacks.

As for his professional life, he earned his college education on the GI Bill of Rights after the war, graduating from Wayne State University first and earning his Ph.D. at the Ohio University. During his education, he taught elementary school and high school physical education. After earning his doctorate, he embarked on a long and eventful university career as a physical education teacher of many sports and became a baseball coach. He taught for many years at San Jose State University. He then became dean of Physical Education and Athletics at Brockport State College, part of the State University of New York. Brockport had a large and prominent faculty of Physical Education at that time. He and his wife moved from California to New York and became part of SUNY in 1970.



(Three images of Warren Fraleigh)

Department of Kinesiology Scholarship Recipients - 2022

The Department of Kinesiology awarded over **\$22,000.00** to graduate and undergraduate students during the 2021 scholarship cycle and hopes to do the same in 2022. [Kinesiology scholarships](#) help defray the costs associated with college attendance, and provide assistance to students as they strive to make a difference on campus, at home, and in their community. Thank you to all of the gracious donors who have made these scholarships possible.

Donating and Giving

The SJSU Department of Kinesiology has long been renowned as a leading national and international department. With its innovative faculty, state of the art facilities, and internal and external support, KIN in 2022 is no different. Despite the successes of our group, we are always collectively looking to grow and prosper. In order to do so, we ask for your assistance. If you are compelled to support the mission and vision of the Department of Kinesiology through a financial gift, please contact our college Director of Development, Sonia Wright. She may be contacted by email: sonia.wright@sjsu.edu or by phone: 530.340.2278 or you can visit giving.sjsu.edu and select Give Now and select the Kinesiology Program. Alternatively, please contact Department Chair Dr. Tamar Semerjian - tamar.semerjian@sjsu.edu to discuss options.

A donation to the Department of Kinesiology helps us to smooth these transitions and support the high level program we have always been.

Donations to SJSU Kinesiology go to support many initiatives including:

- Kinesiology Scholarships
- Faculty and Student scholarly-related travel
- Equipment, software, and hardware purchases
- Research and teaching support
- Graduate Assistantships
- Student training and conference registration
- Amongst many others.

For online information on giving to SJSU and the Department of Kinesiology please visit giving.sjsu.edu.

Thank you for your consideration.

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