

SJSU | DEPARTMENT OF KINESIOLOGY

Communicator



Department of Kinesiology

One Washington Square

San José, CA 95192-0054

Office: SPX 56

www.sjsu.edu/kinesiology

Phone: 408-924-3010

Fax: 408-924-3053

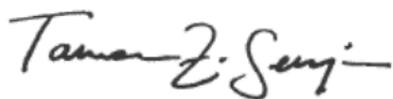
Chair's Corner

Welcome to the Winter 2022 Communicator. I hope you are enjoying the holiday season. This semester we were able to welcome students, staff, and faculty back to campus, and it was wonderful and energizing to see more of our Kinesiology community in the classroom, in the hallways, and on campus. We are adjusting to the “new normal” with most classes in person, but also taking advantage of the new skills that we have developed and offering some classes online.

This past year we engaged in a strategic planning process as a department. I want to thank all our faculty and staff who participated in our retreat last spring, and to the students who provided their feedback during the process. We had a working group who helped craft the final document, and I want to thank them for their contributions. I am excited to have a Strategic Plan that will help us focus our efforts on continuing to strengthen our department, and to guide our efforts for the coming years. As a part of these initiatives, we are working to reinvigorate the Kinesiology Ambassador's Club and convene a Kinesiology Advisory Board. I look forward to sharing more updates on these efforts in our next Communicator.

This November we participated for the first time in the SJSU Day of Giving Efforts. A hearty thank you to those who contributed to our fundraising efforts to support student travel to academic conferences and other educationally enriching experiences! We will continue to highlight opportunities for our alumni and supporters to contribute to particular projects, but please know that we always welcome your donations to support our students, faculty and staff in their research, travel, and professional development.

As always, I want to give thanks to all our students, faculty, and staff who make the Department of Kinesiology a vibrant place, where we continue to work to keep us all moving. Your continued generosity helps us to support the academic mission of the department and support our students.



Faculty and Staff - News and Awards

Martin Bilello, the Department's new handball instructor, is also the Youth (U19) Men's National Team Head Coach for USA Team Handball. He and the team competed in Mexico in November 2022. Please read the press release [here](#).

Dr. Seung Ho Chang was invited to the national forum of school physical education (the theme: Student athletes' human rights) held by the government of Korea on June 16th as a special guest speaker. He has delivered a presentation titled "Student athletes' human rights in the U.S. and Overview of the U.S. Center for SafeSport." About 250 physical education teachers (athletic directors), school superintendents, principals, and coaches attended.

Dr. Jessica Chin was interviewed on KCBS Radio, discussing how to make coaching a more kind space. The link to the episode can be found [here](#).

Emeritus **Professor Shifflett** has had an invited paper published in the *Journal for Kinesiology & Wellness* titled: *Research Quality; A Collective Endeavor*. **Dr. Shifflett** has also been appointed archivist for the CSU Emeritus and Retired Faculty and Staff Association and serves on the Executive Board for the SJSU Emeritus and Retired Faculty association.

Dr. Daniel Weng has been invited to teach in December at two continuing Education Units classes for licensed acupuncturists, certified physical therapists, and licensed health workers at the University of East-West Medicine on 9/25 and US Collegiate Taiji Federation from 10/4-5.

Dr. Daniel Weng has been invited as the keynote speaker at the 6th World Integrated Medicine Conference from 12/18-19 and the 2nd International Taiji Science. Forum to be held 12/3-4 by the Inner Mongolia Normal University in China. This conference will be co-sponsored by the Hanchou Normal University and the University of Illinois.

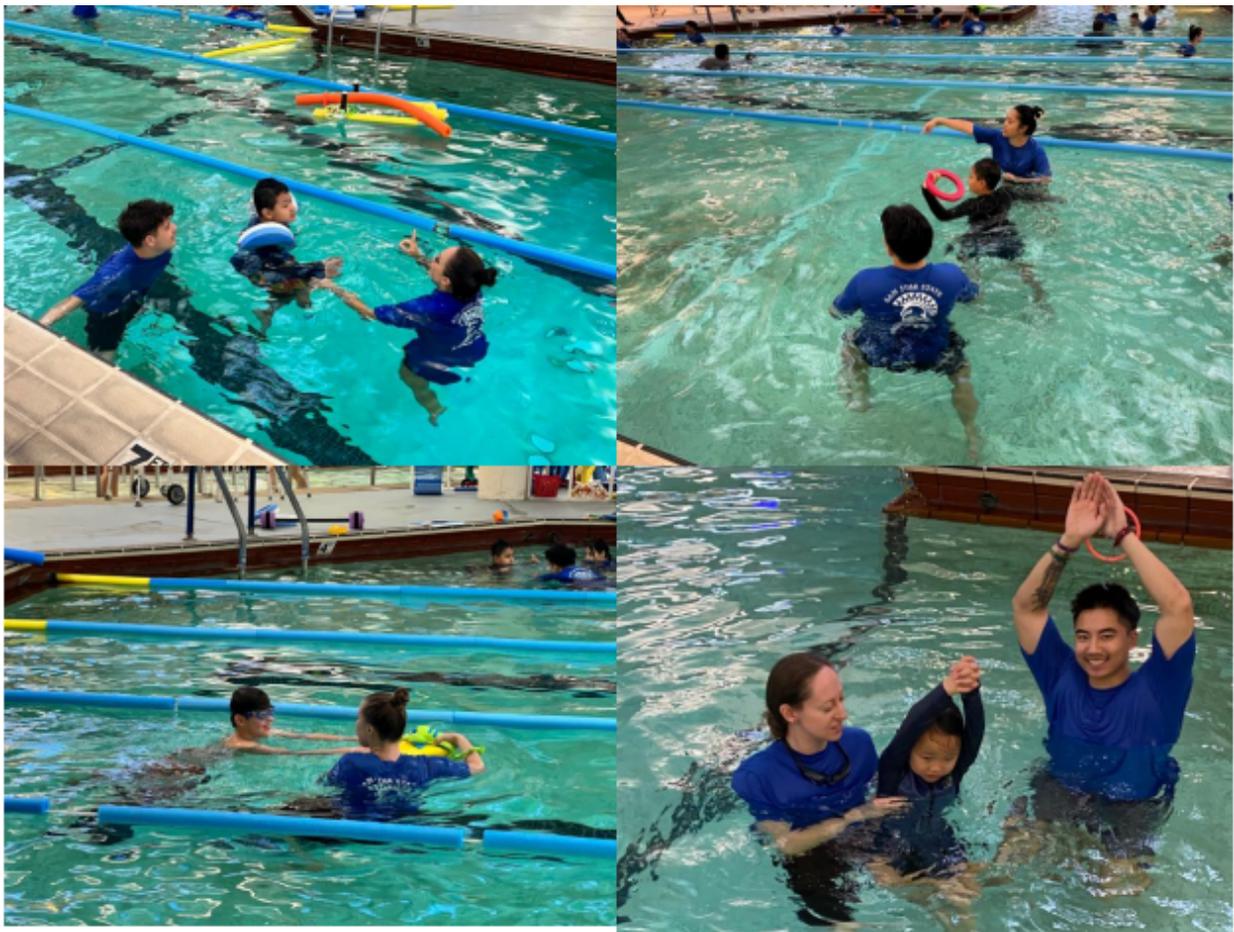
Dr. Lamont Williams held the first *Siempre Sports Academy* this semester! The focus of the *Siempre Sports Academy* is to provide sport-centric career development workshops to underrepresented students looking to work in the world of sports. Dr. Williams began developing the *Siempre Sports Academy* as a part of the Assigned Time for Exceptional Levels of Service to Students Program. The first event, titled “So, You Want to Work in Sports?” was completed in partnership with the National Football League’s San Francisco 49ers in September 2022. The speakers for the first event included: Sara Salam (Director of Diversity, Inclusion, and Belonging – National Hockey League’s San Jose Sharks), Austin Moss II (Director of Player Engagement – San Francisco 49ers), and Corry Rush (Vice President of Football Communication – San Francisco 49ers). Dr. Williams moderated the discussion, which featured topical questions for the panelists and a Q&A portion for students to ask the panelists questions of their own. Following the event, students were invited to join the panelists in further discussions related to their particular interests during the post-event mixer!



Dr. Lamont Williams accompanied ten Spartan student-athletes to the Black Student-Athlete Summit held at Rice University in Houston, Texas, over the summer of 2022. Student-athletes at the summit attended a variety of forums, discussions and workshops focusing on the development of Black Student-Athletes and their experience in college. To read more, here is the [article](#).

Adapted Physical Activity Programs and IPAC/APEAA Courses:

All SJSU KIN Adapted Physical Activity Programs were resumed. **Dr. Lee and Dr. Siebert** successfully ran these programs this fall with KIN students in KIN 107, KIN 108, and KIN 156. Sammy Fit, a gross motor development program for children with disabilities, was held on SJSU campus. Sammy Splash is an adapted aquatics program for children, youth, and young adults with disabilities and is partnered with Timpany Center. Spartan Fitness is a peer mentor fitness program for postsecondary students with disabilities. Spartan Fitness this semester was offered to students in Santa Clara Unified School District. Drs. Lee and Siebert thank all KIN students, parents, participants, and partners who participated in the programs.



On November 16, 2022, the KIN 108; Adapted Physical Activity for Young Adults class helped to put on the Santa Clara Special Unified Olympics Event with Wilson High School post-secondary students. KIN students worked with these young adults throughout the semester to practice the skills that would be needed to participate in this event. Over 30 post-secondary students participated in 3 different events. All participants and San Jose Students received the Special Olympics Northern California ribbons. Drs. Lee and Siebert hope to help make this an annual event.



The 2022 Duncan Memorial Wheelchair Basketball Tournament is back! For the first time since 2019, this wheelchair basketball tournament was hosted in person on campus. The tournament was held Saturday and Sunday, December 3rd and 4th, in the SPX gym. As part of the preparation for this event, students from KIN 159, Sport and Adapted Activities class helped to put on a wheelchair basketball scrimmage during the 51st National Adapted Physical Education Conference in conjunction with the Golden State Road Warriors. This was the first time the conference was able to showcase wheelchair basketball in part because the NAPEC conference was held downtown at the San Jose Marriott, and attendees were able to walk to campus to experience this event. It was a great learning opportunity for the students, players and conference attendees.





The 2022 Duncan Memorial Wheelchair Basketball Tournament

December 3rd-4th, 2022 | San Jose, California

Schedule	Time	Home (Light Jersey)	Away (Dark Jersey)
Saturday	8:30am	Utah	Wolf Pack
	10:00am	Seattle	Rancho
	11:30am	Golden State	Utah
	1:00pm	Wolf Pack	Seattle
	2:30pm	Rancho	Golden State
	4:00pm	Utah	Seattle
	5:30pm	Wolf Pack	Rancho
Sunday	9:00am	Seattle	Golden State
	10:30am	Rancho	Utah
	12:00pm	Wolf Pack	Golden State

Location: San Jose State University Spartan Complex Gym
 One Washington Square, San Jose CA
 Gym is across from the 4th Street Parking Garage

Contact Chuck Gill for more info: Cgill44235@aol.com



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Publications

Davies, M.J., **Armstrong, C.G.**, & Blaskza, M. (2022). No name, no logo, no problem?: Examining early fan connections to NHL Seattle. *Sport Management Review*. 25(3), 406-427. DOI: <https://doi.org/10.1080/14413523.2021.1937894>

Butryn, T. M., Masucci, M. A., & Johnson, J. (2023). Mapping the Geographies of Combat Sport during COVID-19: Dana White, Trumpism, and the Landscapes of the UFC. In, J. Newman, H. Thorpe, & D. Andrews (Eds.), *Sport and Physical Culture in Global Pandemic Times*. Routledge.

Chang, S. H., & Lee, J. (2022). Viewpoint: How to teach an overhand Throw: A knowledge packet for physical educators. *Journal of Physical Education, Recreation & Dance*, 93(8), 3-6, <https://doi.org/10.1080/07303084.2022.2110830> **Collaboration between Dr. Chang and Dr. Lee

Tran, N. A & **Chang, S.H.** (2022). Exploring the functions of self-talk: The effects of self-talk on sports performance in collegiate athletes. *International Journal of Human Movement Science*. 16(1), 29-45.

Dao, M., De Bourbon, S., McClure Fuller, M., Armaline, W., & Worthen, M. (2022). Understanding community safety and policing in San José, California: A Qualitative and Communal Analysis. *Frontiers in Sustainable Cities – Social Inclusion in Cities*. Published online: <https://doi.org/10.3389/frsc.2022.934474>

Dao, M. & Darnell, S.C. (2022). Exploring the Social and Political Tensions of Entrepreneurship in Vietnamese Sport for Development. In P. Svensson, L. Hayhurst, P. Safai, & M. McSweeney (Eds). *Social innovation, entrepreneurship, and sport for development and peace* (pp. 149-158). Routledge.

Lee, J., Maeng, J., & Yang, H. (2022). Parental support and concerns about physical activities of their children with autism spectrum disorder during COVID-19. *Research in Dance and Physical Education*, 6(2), 19-31. <https://doi.org/10.26584/RDPA.2022.08.6.2.19>

Lee, J., Healy, S., & Haegele, J. A. (2022). Environmental and social determinants of leisure-time physical activity in children with autism spectrum disorder. *Disability & Health Journal*, 15(4), Article Number: 101340. <https://doi.org/10.1016/j.dhjo.2022.101340>

Li, C., Haegele, J. A., SUN, F., Tanure Alves M. L., Chee Ang, S. H., **Lee, J.**, Ng, K., dos Santos Alves, I., Healy, S., Huang, W. Y., Rintala, P., Yee Tan, J. S., Wu, Y., Yang, H., Kärnä, E., Maeng, H., Schliemann, A. L., Ding, D. (2022). Meeting the 24-hour movement guidelines and health-related outcomes among youth with autism spectrum disorder: A seven-country observational study. *Child and Adolescent Psychiatry and Mental Health*, 16, Article Number: 50. <https://doi.org/10.1186/s13034-022-00488-5>

Lee, J., Cris-Tomimbang, A., & Lim, J. (2022). Effect of peer-led adapted aquatics on functional fitness, self-efficacy, and postural stability among older adults. *Educational Gerontology*. <https://doi.org/10.1080/03601277.2021.2016048>

Jin, L., & Hahn, M. E. (2022). Relationship between Joint Stiffness, Limb Stiffness and Whole-Body Center of Mass Mechanical Work across Running Speeds. *Biomechanics*, 2(3), 441-452. DOI: <https://doi.org/10.3390/biomechanics2030034>

Cheung, D., Cheung, J., Cheung, V., & **Jin, L.** (2022). A New Quantitative Gait Analysis Method Based on Oscillatory Mechanical Energies Measured near Body Center of Mass. *Sensors*, 22(22), 8656. DOI: <https://doi.org/10.3390/s22228656>

Riazati, S., McGuirk, T. E., Perry, E. S., Sihanath, W. B., & Patten, C. (2022). Absolute reliability of gait parameters acquired with markerless motion capture in living domains. *Frontiers in Human Neuroscience*, 16.

Matabuena, M., Karas, M., **Riazati, S.**, Caplan, N., & Hayes, P. R. (2022). Estimating Knee Movement Patterns of Recreational Runners Across Training Sessions Using Multilevel Functional Regression Models. *The American Statistician*, 1-13.

McGuirk, T. E., Perry, E. S., Sihanath, W. B., **Riazati, S.**, & Patten, C. (2022). Feasibility of markerless motion capture for three-dimensional gait assessment in community settings. *Frontiers in Human Neuroscience*, 325.

Faculty Presentations, Speaking, & Workshops

Armstrong, C.G., Davies, M.J., & Blaskza, M. (November, 2022). From concept to Kraken: A longitudinal examination of a new team brand. Paper presented at the annual meeting of the *Sport Marketing Association (SMA)*, Charlotte, North Carolina. ***Finalist for the best paper award.**

Beanish, D., Readdy, T., **Bejar, M.**, & Raabe, J. (October, 2022). Coaching in the 'Alternate Universe' of Elite Figure Skating: A Developmental Perspective of Need-Supportive Behavior in the Coach-Athlete Dyad. Paper presented at the *Association for Applied Sport Psychology Conference*, Forth Worth, TX.

Butryn, T., Armstrong, C., & Dao, M. (November, 2022). Inked for the team: A qualitative examination of tattoos and pro sport fandom. Paper presented at *North American Society for the Sociology of Sport Annual Conference*, Las Vegas, NV, USA. ****Collaboration between Dr. Butryn, Dr. Armstrong and Dr. Dao**

Butryn, T.M., Dao, M.S., & Armstrong, C.G. (July, 2022). The Silver and Black (and Gray): A Qualitative Examination of Raiders Fandom and Tattoos. Paper presented at the international *Qualitative Research in Sport and Exercise (QRSE) Conference*, Durham, U.K. ****Collaboration between Dr. Butryn, Dr. Armstrong and Dr. Dao**

Cepin, M., & **Chang, S.H** (2022). The role of older siblings in younger siblings' movement skills. Paper presented at the *Western Society for Kinesiology and Wellness (WSKW) Annual Conference*, Oakland, CA.

Goodway, J.D., Brian, A., Robinson, E.L., Cohen, L., **Chang, S.H.**, Park, S.Y., & Lorson, K. (2021). From experts to teachers, and motor skills to integrated curriculum: lessons learned from the SKIP motor skill intervention studies, Paper presented at the *5th Assembly of the International Motor Development Research Consortium (Virtual)*.

Chin, J. (November, 2022). Asian American & Pacific Islander Athletics Alliance (4AAPI): Raising the stakes in college athletics. Paper presented at *North American Society for the Sociology of Sport Annual Conference*, Las Vegas, NV.

Dao, M. (November, 2022). Ballin and Brainy: Reshaping Vietnamese American Representation in Sport and Physical Activity. Paper presented at *North American Society for the Sociology of Sport Annual Conference*, Las Vegas, NV.

Hu, Y., Zhao, L., Hernandez. (November, 2022). Effect of Tai Chi on Beta-range Lower Limb Corticomuscular Coherence in Older Adults. Poster presentation at the *Society for Neuroscience Meeting*, San Diego, CA.

He, M., **Hu, Y.,** Zhao, J., Hsiao-Weckslar, E., & Hernandez, M. (November, 2022). Effect of Tai Chi and Age on Beta-Band Power and Resting State Functional Connectivity. Poster presentation at the *Society for Neuroscience Meeting*, San Diego, CA.

Lee, J., Healy, S., & Haegele, J. A. (October, 2022). The role of environmental factors and parental support in physical activity among children with autism spectrum disorder. Paper presented at *The North American Federation of Adapted Physical Activity (NAFAPA) Symposium*, Ontario, Canada.

Love, M. & **Lee, J.** (October, 2022). Creating an inclusive postsecondary program. Paper presented at the *9th Annual Inclusion Collaborative State Conference*, Santa Clara, CA.

Golloher, A., & **Lee, J.** (October, 2022). Creating inclusive early childhood environments using physical activity. Paper presented at the *9th Annual Inclusion Collaborative State Conference*, Santa Clara, CA.

Siebert, E. A. (November, 2022) Online Adapted Physical Activity Promotion. Paper presented at the *51st National Adapted Physical Educators Conference (NAPEC)*, San Jose, CA.

Semerjian, T. Z. (November, 2022). Trans Athletes and the NCAA: Participation without Prejudice? Paper presented at the *North American Society for the Sociology of Sport Conference*, Las Vegas, NV.

Dr. Joanne Steidenger presented at the *Association of Applied Sport Psychology*, “Women who led the way?”

Williams, L. (November, 2022). “The (Black) Struggle That Must Be: Black Masculinity, Black College Athletes, and Black Mental Health through a looking glass.” Paper presented at the *North American Society for the Sociology of Sport Conference*, Las Vegas, NV.

Williams, L., Schweinbenz, A., & Pegoraro, A. (November, 2022). Interest Convergence and Capitalism in the NBA: Air Jordans a form of Activism? Paper presented at the *North American Society for the Sociology of Sport Conference*, Las Vegas, NV.

Dr. Emily Wughalter presented a paper with five colleagues from across the country at the Western Society for Physical Education of College Women. The paper is entitled "Lessons from a Secret Society: Oh How Times Have Changed... or, Have They?"

Student and Alumni Awards, News, Presentations and Research

Two of SJSU's students, who took Dr. Weng's Tai Chi and Cardio Kickboxing classes through the activity program offered by the Department of Kinesiology, participated in the 2022 Bay Area Taijiquan Tournament held by the Northern California Chinese Culture and Physical Education Association in Fremont on 8/14. Both students from SJSU, Kenny Nacino and Dana Stokesberry, won a Gold Medal competing in the Taijiquan Group event. Dr. Weng was very proud of the achievements of the two students who started training under him after taking activity classes (2017 and 2022).

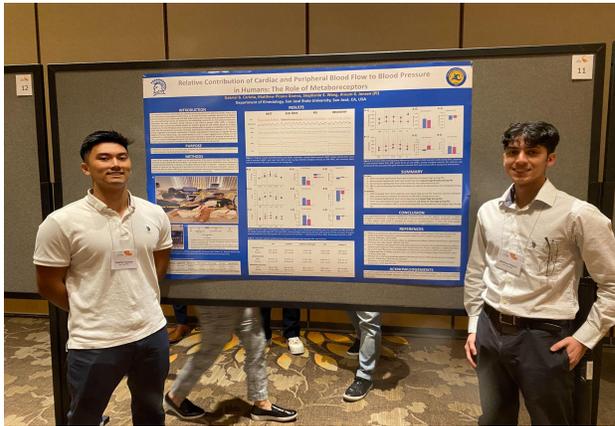


Under the supervision of **Dr. Areum Jensen** four undergraduate students (Gabriel Carlota, Matthew Pizano, Stephanie Wang, and Jodi Engelhardt) attended the annual meeting of the Southwest chapter American College of Sports Medicine in Costa Mesa, October 27-28. The students presented posters and also competed in the Undergraduate Jeopardy Bowl Competition, where they got a 3rd-place finish!

The student posters were titled:

Carlota, G.B., M. Pizano, S.S. Wang, **A.K. Jensen (P.I.)**. Relative Contribution of Cardiac and Peripheral Blood Flow to Blood Pressure in Humans: The Role of Metaboreceptors. *International Journal of Exercise Science: Conference Proceedings*. 2022; 14 (2)

Engelhardt J.F., S.S. Wang, A. Leal Gomez, M.C. Orosa, **A.K. Jensen (P.I.)**. The Effect of Resistance Training on Bone Mineral Density and Muscular Strength in Children with Autism Spectrum Disorder. *International Journal of Exercise Science: Conference Proceedings*. 2022; 14 (2).



Aaron Flores (MA KIN, Sport Management) successfully defended his thesis project titled Attitudes Toward Social Activism by Professional Athletes in November of 2022. His committee was composed of **Dr. Cole Armstrong** (advisor), **Dr. Ted Butryn** and **Dr. Emily Wughalter**.

Cathy Buell Scholarship Recipients

Through the generous donation of former Department of Kinesiology Professor in Physical Education/Teacher Education (Emeritus), Dr. Cathy Buell, the department has awarded four scholarships to students. Dr. Buell served SJSU for 21 years and specialized in Physical Education Teacher Education. The scholarships are awarded to a San José State University student enrolled in the Single Subject Credential Program for Physical Education. The scholarship recipients are

- Nicole Ellner
- Chelsea Gerami
- Maria Griselda Suasin
- Molly Sheridan

The Department of Kinesiology sincerely thanks Dr. Buell for her generous donations and continued support of our students!

Moreover, on Tuesday, November 29, 2022, the department participated in the university-wide Day of Giving Campaign. Due to generous donations from many donors, we were able to raise a little over \$1,300 to help fund undergraduate student travel expenses to academic conferences and workshops. There can never be enough to support Kinesiology students, so we thank each and every one of you who contributes and continues to support our students!

Donating and Giving

The SJSU Department of Kinesiology has long been renowned as a leading national and international department. With its innovative faculty, state of the art facilities, and internal and external support, KIN in 2022 is no different. Despite the successes of our group, we are always collectively looking to grow and prosper. In order to do so, we ask for your assistance. If you are compelled to support the mission and vision of the Department of Kinesiology through a financial gift, please contact our college Director of Development, Sonia Wright. She may be contacted by email: sonia.wright@sjsu.edu or by phone: 530.340.2278 or you can visit giving.sjsu.edu and select Give Now and select the Kinesiology Program. Alternatively, please contact Department Chair Dr. Tamar Semerjian - tamar.semerjian@sjsu.edu to discuss options.

A donation to the Department of Kinesiology helps us to smooth these transitions and support the high level program we have always been.

Donations to SJSU Kinesiology go to support many initiatives including:

- Kinesiology Scholarships
- Faculty and Student scholarly-related travel
- Equipment, software, and hardware purchases
- Research and teaching support
- Graduate Assistantships
- Student training and conference registration
- Amongst many others.

For online information on giving to SJSU and the Department of Kinesiology please visit giving.sjsu.edu.

Thank you for your consideration.

Department of Kinesiology Contacts

Department Chair

Dr. Tamar Semerjian - Tamar.Semerjian@sjsu.edu

Associate Department Chair

Dr. Michael Dao - michael.dao@sjsu.edu

Activity Program Coordinator

Dr. Seung Ho Chang - Seungho.Chang@sjsu.edu

General Education Program Coordinator

Dr. Peggy Plato - Peggy.Plato@sjsu.edu

Undergraduate Program Coordinator

Dr. Jessica Chin - Jessica.Chin@sjsu.edu

Undergraduate Advising Manager

Mr. Daniel Bohigian - Daniel.Bohigian@sjsu.edu

Adapted Physical Education Added Authorization (APEAA) Coordinators

Dr. Jihyun Lee - Jihyun.Lee@sjsu.edu & Dr. Erin Siebert - Erin.Siebert@sjsu.edu

Physical Education Teacher Education (PETE)/ Credential Program Director

Dr. David Daum - David.Daum.@sjsu.edu

Sport Management Program Director/ Graduate Program Coordinator/ Internship Manager

Dr. Cole Armstrong - Cole.Armstrong@sjsu.edu

Department of Kinesiology

One Washington Square

San José, CA 95192-0054

Office: SPX 56

www.sjsu.edu/kinesiology

kinesiology@sjsu.edu

Phone: 408-924-3010

Fax: 408-924-3053

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